

$$(p_1, p_2) \in \sigma \times \tau \cap \mu \times \nu \iff p_1 \in \sigma \cap \mu, \& p_2 \in \tau \cap \nu.$$

$$\begin{aligned} \#(\sigma \cdot \mu) [\nu_1 \dots \nu_n] &\stackrel{\text{orientation for } M}{=} [\sigma_1 \dots \sigma_k, \mu_1 \dots \mu_{n-k}] \\ \#(\tau \cdot \nu) [\nu_1 \dots \nu_{2n}] &= [\tau_1 \dots \tau_{n-k}, \nu_1 \dots \nu_k] \end{aligned}$$

$$\begin{aligned} &[\sigma_1 \dots \sigma_k, \mu_1 \dots \mu_{n-k}, \tau_1 \dots \tau_{n-k}, \nu_1 \dots \nu_k] \#(\sigma \cdot \mu) \cdot \#(\tau \cdot \nu) \\ &= [\nu_1 \dots \nu_n] [\nu_{n+1} \dots \nu_{2n}] = [\nu_1 \dots \nu_n, \nu_{n+1} \dots \nu_{2n}] \text{ orientation for } M \times M. \end{aligned}$$

$$\begin{aligned} \Rightarrow \text{ Since } &[\sigma_1 \dots \sigma_k, \mu_1 \dots \mu_{n-k}, \tau_1 \dots \tau_{n-k}, \nu_1 \dots \nu_k] \\ &= [\sigma_1 \dots \sigma_k, \tau_1 \dots \tau_{n-k}, \mu_1 \dots \mu_{n-k}, \nu_1 \dots \nu_k] (-1)^{n-k} = \#(\sigma \times \tau, \mu \times \nu) \\ &[\nu_1 \dots \nu_{2n}] (-1)^{n-k}, \end{aligned}$$

$$\#(\sigma \times \tau, \mu \times \nu) (-1)^{n-k} = \#(\sigma \cdot \mu) \cdot \#(\tau \cdot \nu) \quad \square$$

Note that this formula holds for any $(n-k)$ -cycle μ & k -cycle ν ; if $k \neq k'$, both sides zero.

By Künneth, such products of cycles generate $H_n(M \times M, \mathbb{Q})$, and so it follows that the form $\pi_1^* \varphi \wedge \pi_2^* \psi$ is Poincaré dual to the cycle $(-1)^{n-k} \sigma \times \tau$, i.e. for any n -cycle η in $M \times M$,

$$(-1)^{n-k} \int_{\eta} \pi_1^* \varphi \wedge \pi_2^* \psi = \#(\sigma \times \tau \cdot \eta)$$

We apply this in particular to the diagonal $\Delta \subset M \times M$. On the other hand,

$$\begin{aligned} \int_{\Delta} \pi_1^* \varphi \wedge \pi_2^* \psi &= \int_M \Delta^* (\pi_1^* \varphi \wedge \pi_2^* \psi) = \int_M (\pi_1 \circ \Delta)^* \varphi \wedge (\pi_2 \circ \Delta)^* \psi \\ &= \int_M \varphi \wedge \psi \quad \text{since } \pi_1 \circ \Delta = \pi_2 \circ \Delta = \text{identity}. \end{aligned}$$