

But $\sum W_{\alpha\beta} \delta_\beta Z_{\alpha r} d\chi_{n+r} \wedge d\chi_\beta = - \sum W_{\alpha\beta} \delta_\alpha Z_{\beta r} d\chi_\alpha \wedge d\chi_{n+r}$ since $W_{\alpha\beta} = W_{\beta\alpha}$, and
 $\sum_{\alpha,\beta,\epsilon} W_{\alpha\beta} \delta_\alpha \bar{Z}_{\beta\epsilon} d\chi_\alpha \wedge d\chi_{n+\epsilon} = \sum_{\alpha,\beta,r} W_{\alpha\beta} \delta_\alpha \bar{Z}_{\beta r} d\chi_\alpha \wedge d\chi_{n+r} \Rightarrow$ We have what we want.

\Rightarrow

Since $W = {}^t W$ and $Z = {}^t Z$, the first and last of these three terms are zero, and hence

$$\begin{aligned} \textcircled{H} &= \pi \sum_{\alpha,\beta,r} \delta_\alpha W_{\alpha\beta} (\bar{Z}_{\beta r} - Z_{\beta r}) d\chi_\alpha \wedge d\chi_{n+r} \\ &= -2\pi\sqrt{-1} \sum_{\alpha,\beta,r} \delta_\alpha W_{\alpha\beta} Y_{\beta r} d\chi_\alpha \wedge d\chi_{n+r} \\ &= -2\pi\sqrt{-1} \sum_\alpha \delta_\alpha d\chi_\alpha \wedge d\chi_{n+\alpha}, \end{aligned}$$

and so finally

$$c_1(L) = \left[\frac{\sqrt{-1}}{2\pi} \textcircled{H} \right] = [W].$$

Q.E.D.

$$\begin{aligned} \text{If } \alpha \neq \beta \quad W_{\alpha\beta} &= W_{\beta\alpha} \quad \delta_\alpha \delta_\beta = \delta_\beta \delta_\alpha \quad \text{and } d\chi_\alpha \wedge d\chi_\beta + d\chi_\beta \wedge d\chi_\alpha = 0 \Rightarrow \text{the first term is } 0. \quad (\alpha = \beta, \text{ O.K.} \\ &\text{since } d\chi_\alpha \wedge d\chi_\alpha = 0.). \quad Z_{\alpha r} \bar{Z}_{\beta\epsilon} W_{\alpha\beta} = W_{\beta\alpha} Z_{\alpha r} \bar{Z}_{\beta\epsilon} \\ &= (WZ)_{\beta r} \bar{Z}_{\beta\epsilon} = \bar{Z}_{\epsilon\beta} (WZ)_{\beta r} = (\bar{Z}WZ)_{\epsilon r} \\ &Z_{\alpha r} \bar{Z}_{\beta\epsilon} W_{\alpha\beta} = Z_{\alpha r} \bar{Z}_{\epsilon\beta} W_{\beta\alpha} = Z_{\alpha r} (\bar{Z}W)_{\epsilon\alpha} \\ &= (\bar{Z}W)_{\epsilon\alpha} Z_{\alpha r} = (\bar{Z}WZ)_{\epsilon r} = Z_{\alpha r} W_{\alpha\beta} \bar{Z}_{\beta\epsilon} = Z_{\alpha r} (W\bar{Z})_{\alpha\epsilon} \\ &= (ZW\bar{Z})_{r\epsilon} = ({}^t(ZW\bar{Z}))_{\epsilon r} = (\bar{Z}WZ)_{\epsilon r} \quad \text{But!!} \end{aligned}$$