Since

$$\varepsilon_{j} = \begin{vmatrix} m_{j-1} & m_{j} \\ n_{j-1} & n_{j} \end{vmatrix} = m_{j-1}n_{j} - m_{j}n_{j-1},$$

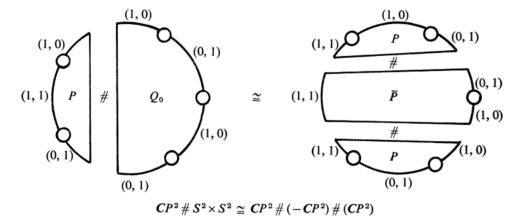
we have $m_{j-1}n_j = \varepsilon_j + m_j n_{j-1}$, and in particular, $|m_{j-1}| |n_j| \le 1 + |m_j| |n_{j-1}|$. But,

$$(|n_j|+1)(|n_{j-1}|+1) \leq 1+|m_j| |n_{j-1}|.$$

This yields a contradiction as $|n_{j-1}| > 0$ and $|m_j| > 0$. This completes the proof.

Without normalizing, what this actually proved is that for adjacent pairs (m_i, n_i) and (m_{i-1}, n_{i-1}) one can always find a different pair (m_j, n_j) equal to either $\pm (m_i, n_i), \pm (m_{i-1}, n_{i-1})$ or $(\varepsilon m_i \pm m_{i-1}, \varepsilon n_i \pm n_{i-1}), t > 4$. We wish to thank George Cooke for supplying part of the computation above.

5.8. Remark. The decomposition of M as a connected sum is not unique. In particular the following diagram answers in the affirmative a question of Milnor [3]:



5.9. Remark. We have already observed that the submanifold $W_{i-1,i+1}$ is a D^2 -bundle over S_i with characteristic class

$$\omega_i = \varepsilon_i \varepsilon_{i+1} \begin{vmatrix} m_{i-1} & m_{i+1} \\ n_{i-1} & n_{i+1} \end{vmatrix}.$$

In general the manifold $W_{i,j}$ is the result of the linear plumbing (in the sense of Hirzebruch [2]) according to the graph

$$\omega_{i+1}$$
 ω_{i+2} \cdots ω_{j-1}

5.10. Remark. $P \# \overline{P} = \{(1, 1), (1, 0), (1, 1), (2, 3)\}$ is a simple example of an action of a connected group on a manifold that is a connected sum, with the property that there is no invariant 3-sphere separating the components of the connected sum.